Lunch Menu

Main Street School October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
Adult Lunch \$5.50 (Includes tax)	Yogurt Parfait Available on Tuesday and Thursday	Beef Meatballs* Served Spaghetti and Sauce Or	School Closed	Fresh Baked Pizza * Or Pepperoni Pizza (P)*
	As an Ala Carte or Meal option Yogurt Smoothies	Fish Bites* Breadstick	YOM KIPPUR WISH YOU PEACE	
	Made to Order Available Everyday	Celery Peas Blueberries	AND GOODNESS	Spinach Salad Sweet Potato Watermelon
6	7	8	9	10
Chicken Nuggets* Or Fish Bites* Breadstick	Turkey Tacos * Or American Cheese Melt*	Beef Nachos* Sour Cream and Salsa Or Chicken Quesadilla*	Pancakes * Turkey Sausage 100% Maple Syrup Or	Fresh Baked Cheese * Or Pepperoni Pizza (P)*
		Sour Cream and Salsa	Bean Burrito* Sour Cream and Salsa	
Tater Tots Red Peppers	Baked Sweet Potato Steamed Broccoli	Black Beans Spinach Salad	Celery Sticks Tater Tots	Side Salad Red Peppers
Cantaloupe	Orange	Sliced Apples	Strawberry	Banana
13	14	15	16	17
School Closed	Chicken Tenders* Or Barbacoa Tacos* Served with Sour Cream	Grilled Cheese * Or Mashed Potato Chicken Bowl*	French Toast * Scrambled Eggs 100% Maple Syrup Or	Fresh Baked Pizza * Or Pepperoni Pizza (P)*
			Bean Burrito W/ Cheese* Sour Cream	
	Black Beans Roasted Corn Honeydew	Steamed Broccoli Red Peppers Banana	Baked Crinkle Fries Sliced Cucumber Sliced Apples	Side Salad Steamed Zucchini Pear
20	21	22	23	24
School Closed	Beef Meatballs* Served Spaghetti and Sauce	Cheese Quesadilla Sour Cream and Salsa	Beef Burger Or	Fresh Baked Pizza * Or
PIANAL.	Or Beef Hot Dog*	Or Chicken Tenders* Mashed Potato	Pancake* Turkey Sausage 100% Maple Syrup	Pepperoni Pizza (P)*
7	Baked Spiral Potato Steamed Broccoli Apple	Sliced Red Peppers Garbanzo Beans Orange	Baked Spiral Potato Steamed Broccoli Apple	Side Salad Baby Carrots Banana
27	28	29	30	31
Beef Tacos * Sour Cream and Salsa Or Cheese Quesadilla* Sour Cream and Salsa	Grilled Cheese* Or Mac and Cheese* Breadstick	Chicken Patty Sandwich* Or Beef Burger	French Toast* Scrambled Eggs 100% Maple Syrup Or Beef Hot Dog *	Fresh Baked Pizza * Or Pepperoni Pizza (P)*
Steamed Green Beans Carrot Coins Orange	Baked Beans Celery Apple	Baked Fries Baked Butternut Squash Banana	Baked Beans Celery Apple	Spinach Salad Sweet Potato Watermelon

Available Every Day

<u>Click here</u> to see the selection of healthy snacks and beverages available.

Bagel with Cheese Stick Served with Cream Cheese or Butter

These items require payment at the register or funds on account with MySchoolBucks.

• Sunbutter & Jelly Sandwich; Turkey or Ham Sandwich

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Side Salad

All of these are offered as a Complete Meal, including vegetable, fruit and milk .

All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain)

Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily.

All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat.

A Gluten Free Meal is available with 1 day notification

If you have any questions/concerns regarding this menu or there are special dietary needs, please email gloria.estrada@irvingtonschool.org