



Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
Adult Lunch \$5.50 (Includes tax) 	Yogurt Parfait Available on Tuesday and Thursday As an Ala Carte or Meal option	Beef Meatballs* Spaghetti and Sauce Or Fish Bites* Breadstick Celery Peas Blueberries	School Closed 	Fresh Baked Pizza * Or Pepperoni Pizza (P)*  Spinach Salad Sweet Potato Watermelon
6	7	8	9	10
Chicken Nuggets* Or Fish Bites* Breadstick Tater Tots Red Peppers Cantaloupe	Turkey Tacos * Or American Cheese Melt* Baked Sweet Potato Steamed Broccoli Orange	Beef Nachos* Sour Cream and Salsa Or Chicken Quesadilla* Sour Cream and Salsa Black Beans Spinach Salad Sliced Apples	Pancakes * Turkey Sausage 100% Maple Syrup Or Bean Burrito* Sour Cream and Salsa Celery Sticks Tater Tots Strawberry	Fresh Baked Cheese * Or Pepperoni Pizza (P)*  Side Salad Red Peppers Banana
13	14	15	16	17
School Closed 	Chicken Tenders* Or Barbacoa Tacos* Served with Sour Cream Black Beans Roasted Corn Honeydew	Grilled Cheese * Or Mashed Potato Chicken Bowl* Steamed Broccoli Red Peppers Banana	French Toast * Scrambled Eggs 100% Maple Syrup Or Bean Burrito W/ Cheese* Sour Cream Baked Crinkle Fries Sliced Cucumber Sliced Apples	Fresh Baked Pizza * Or Pepperoni Pizza (P)*  Side Salad Steamed Zucchini Pear
20	21	22	23	24
School Closed 	Beef Meatballs* Spaghetti and Sauce Or Beef Hot Dog* Baked Spiral Potato Steamed Broccoli Apple	Cheese Quesadilla Sour Cream and Salsa Or Chicken Tenders* Mashed Potato Sliced Red Peppers Garbanzo Beans Orange	Beef Burger Or Pancake* Turkey Sausage 100% Maple Syrup Baked Spiral Potato Steamed Broccoli Apple	Fresh Baked Pizza * Or Pepperoni Pizza (P)*  Side Salad Baby Carrots Banana
27	28	29	30	31
Beef Tacos * Sour Cream and Salsa Or Cheese Quesadilla* Sour Cream and Salsa Steamed Green Beans Carrot Coins Orange	Grilled Cheese* Or Mac and Cheese* Breadstick Baked Beans Celery Apple	Chicken Patty Sandwich* Or Beef Burger Baked Fries Baked Butternut Squash Banana	French Toast* Scrambled Eggs 100% Maple Syrup Or Beef Hot Dog * Baked Beans Celery Apple	Fresh Baked Pizza * Or Pepperoni Pizza (P)*  Spinach Salad Sweet Potato Watermelon

Available Every Day

[Click here](#) to see the selection of healthy snacks and beverages available.

- Bagel with Cheese Stick Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich; Turkey or Ham Sandwich
- Side Salad

All of these are offered as a Complete Meal, including vegetable, fruit and milk .

A Gluten Free Meal is available with 1 day notification

If you have any questions/concerns regarding this menu or there are special dietary needs, please email gloria.estrada@irvingtonschool.org

* items contain Milk or Soy ***items with a (P) may contain pork. This Institution is an equal opportunity employer and provider

These items require payment at the register or funds on account with MySchoolBucks.



All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain)

Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily.

All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat.