



# Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>Fish Bites*</b> Or <b>Chicken Nuggets*</b>  <b>Steamed Brown Rice</b> <b>Baked Fries</b> <b>Banana</b>	<b>French Toast *</b> <b>Scrambled Eggs</b> <b>100% Maple Syrup</b> Or <b>Chicken Rice Bowl *</b>  <b>Broccoli</b> <b>Red Peppers</b> <b>Apple</b>	<b>Beef Cheeseburger*</b> Or <b>Chicken Dumplings*</b>  <b>Steamed Edamame</b> <b>Peas</b> <b>Blueberries</b>	<b>Black Bean Burrito*</b> Or <b>Beef Cheeseburger*</b>  <b>Steamed Zucchini</b> <b>Roasted Corn</b> <b>Orange</b>	<b>Fresh Baked Pizza *</b> Or <b>Pepperoni Pizza (P)*</b>  <b>Spinach Salad</b> <b>Sweet Potato</b> <b>Watermelon</b>
9	10	11	12	13
<b>Beef Cheeseburger *</b> Or <b>Corn Dog</b>  <b>Baked Fries</b> <b>Spinach Salad</b> <b>Cantaloupe</b>	<b>Beef Nachos *</b> Or <b>Chicken Tenders*</b>  <b>Baked Sweet Potato</b> <b>Sliced Cucumber</b> <b>Orange</b>	<b>Bean &amp; Cheese Burrito *</b> Or <b>Pancakes*</b> <b>Scrambled Eggs</b> <b>Maple Syrup</b>  <b>Steamed Carrots</b> <b>Cauliflower</b> <b>Sliced Apples</b>	<b>Grilled Cheese *</b> Or <b>BBQ Chicken Sandwich*</b>  <b>Roasted Corn</b> <b>Green Beans</b> <b>Strawberries</b>	<b>Fresh Baked Cheese *</b> Or <b>Pepperoni Pizza (P)*</b>  <b>Side Salad</b> <b>Red Peppers</b> <b>Banana</b>
16	17	18	19	20
<b>Cheese Quesadilla *</b> Or <b>Turkey Tacos</b>  <b>Black Beans</b> <b>Side Salad</b> <b>Sliced Apples</b>	<b>Pulled Pork on a Roll *</b> Or <b>Chicken Patty Sandwich</b>  <b>Sliced Cucumber</b> <b>Baked Tater Tots</b> <b>Honeydew</b>	<b>French Toast *</b> <b>Scrambled Eggs</b> <b>Maple Syrup</b> Or <b>Bean &amp; Cheese Burrito*</b>  <b>Baked Butternut Squash</b> <b>Spinach Salad</b> <b>Banana</b>	<b>Juneteenth School Closed</b>  	<b>Fresh Baked Pizza *</b> Or <b>Pepperoni Pizza (P)*</b>  <b>Spinach Salad</b> <b>Zucchini</b> <b>Pear</b>
23	24	25	26	27
<b>Half Day</b> <b>No Lunch</b>  	<b>Half Day</b> <b>No Lunch</b>  	<b>Half Day</b> <b>No Lunch</b>  	<b>Half Day</b> <b>No Lunch</b>  	 <i>Have a great</i> <b>SUMMER</b>
30				
			<b>Student Lunch Meal \$3.25</b> <b>Adult Lunch</b> <b>\$5.50 (Includes tax)</b>	<b>Yogurt Parfait</b> <b>Available on Tuesday and Thursday</b> <b>As an Ala Carte or Meal option</b>

Available Every Day

[Click here](#) to see the selection of healthy snacks and beverages available.

- Bagel with Cheese Stick Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich; Turkey or Ham Sandwich
- Side Salad

All of these are offered as a Complete Meal, including vegetable, fruit and milk .

A Gluten Free Meal is available with 1 day notification

These items require payment at the register or funds on account with MySchoolBucks.



All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain)

Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily.

All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat.

If you have any questions/concerns regarding this menu or there are special dietary needs, please email [gloria.estrada@irvingtonschool.org](mailto:gloria.estrada@irvingtonschool.org)

\* items contain Milk or Soy \*\*\*items with a (P) may contain pork. This Institution is an equal opportunity employer and provider