

All Lunches <u>Must</u> Include Choice of: Fruits and/or Vegetable And May Include: Choice of Fat Free or 1% Low-Fat Milk with no rBST or artificial hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

> If you have any Question/Concerns Special Dietary Needs Please email gloria.estrada@irvingtonschools.org



Powering potential.

This institution is an equal opportunity provider.

aramark

Irvington High School and Middle School Menu



Daily Offerings

Available every day!

*ACTION STATION- Lo Mein Noodles Sautéed Fresh & Hot! Add vegetables of choice and diced chicken. *Grab n Go STATION- Burgers & Chicken Sandwiches on a Bun *SMOOTHIE STATION- Yogurt blended with fruit and granola *Acai Bar- Acai berry with choice of various toppings *DELI STATION - Made to Order Sandwiches with Boars Head products. Panini press option for a hot variation. *DAILY VEGETABLES -Carrot Sticks and Celery Sticks offered daily *GOURMET PIZZA STATION-Specialty Pizzas Daily along with Cheese, Pepperoni (P) and Turkey, Salami (P) and Mozzarella Cheese Stromboli

*<u>WEDNESDAY BBQ</u> <u>Beef Burger, Hot Dog, Veggie Burger</u>

w/Toppings

- * <u>SALADS</u> Grilled chicken Caesar salad
- * Apple, Oranges, Banana, Watermelon, Cantaloupe, Honeydew, Grapes, Strawberry, Blueberries and Pears



All Breakfast <u>Must</u> Include Choice of: One Grain, Fruit And May Include: Choice of Fat Free or 1% Low-Fat Milk with no rBST or artificial hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

> If you have any Question/Concerns Special Dietary Needs Please email gloria.estrada@irvingtonschools.org



Powering potential.



Irvington High School and Middle School Menu



Breakfast Menu

Available every day!

*Made to Order Omelet Station- toppings diced tomatoes,
Onions, Peppers, Chicken Sausage, Mozzarella or Cheddar Cheese
*Bacon, Egg & Cheese Sandwich- on wheat roll
*Meatless Egg & Cheese Sandwich- on Sliced Wheat Bread
*Wheat French Toast Sticks- Served with 100% Maple Syrup
*Wheat Pancakes – Served with 100% Maple Syrup
*Yogurt Parfait- Greek Vanilla Yogurt, Fresh blueberries &
Granola
*Bagel Meal - Bagel, 2 Cheese Stick and Fruit

- *DAILY VEGETABLES –Hash Brown/Tater Tots offered daily
- *Available Daily –Orange, Apple and Banana

Coffee Station available for High School Students in both Atrium and Cafeteria locations

Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.

This institution is an equal opportunity provider.



All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

> If you have any Question/Concerns Special Dietary Needs Please email gloria.estrada@irvingtonschools.org

Gluten Free items are available. Please ask servers to identify items. <u>Student Lunch Meal \$4.25</u> <u>Adult Lunch</u> <u>\$5.50 (Includes tax)</u>

Powering potential.



June 2025 IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

June 2-6

MONDAY

Meatless Monday Cheese Quesadilla Bar Served with Salsa, Sour Cream

TUESDAY

Turkey Tacos Served with Cheddar Cheese, Sour Cream & Salsa

Brown Rice & Black Beans

WEDNESDAY

Chicken Dumplings Egg Fried Rice

Edamame Beans

Beef Nachos*

Served with Cheddar

THURSDAY

Pork Cubano Sandwich(P) *

Baked Sweet Potatoes Orange

All Lunches <u>Must</u> Include Choice of: Fruits and/or Vegetable And May Include: Choice of Fat Free or 1% Low-Fat Milk with no rBST or artificial hormones

Cheese, Sour Cream STUDENT NUTRITION Spinach Salad

FRIDAY

Watermelon. Menus are subject to change. Items with a (P) contain pork.* Bread or breaded items contain milk or soy.



All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns **Special Dietary Needs Please email**

Gluten Free items are available. Please ask servers to identify items.



Spinach Salad Sliced Apple

Garlic Toast

Meatless Monday

Chicken Sausage

Broccoli

Cantaloupe

FRIDAY

Grilled Cheese*

Side Salad **Rainbow Vegetables** Banana

June 2025 **IRVINGTON HIGH/MIDDLE SCHOOL** WEEKLY LUNCH MENU

June 9-13

TUESDAY

Turkey Tacos

Steamed Cauliflower Banana

THURSDAY

Nachos (Beef)* Served with Cheddar **Cheese, Sour Cream** & Salsa

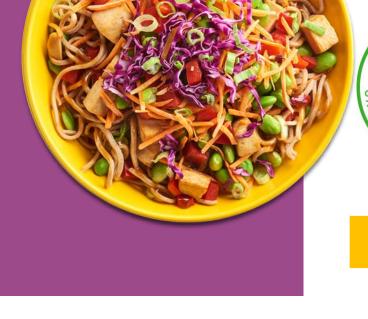
Kidney Beans Strawberries

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: Choice of Fat Free or 1% Low-Fat Milk with no rBST or artificial hormones

Powering potential.

aramark

Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.



All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

> If you have any Question/Concerns **Special Dietary Needs Please email**

Gluten Free items are available. Please ask servers to identify items.



June 2025 **IRVINGTON HIGH/MIDDLE SCHOOL** WEEKLY LUNCH MENU

June 16-20



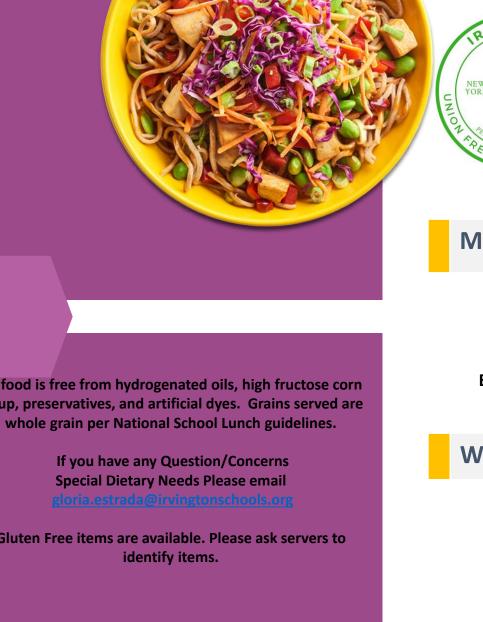
Roasted Zucchini Cherry Tomatoes Sliced Apple

All Lunches Must Include Choice of: Choice of Fat Free or 1% Low-Fat Milk with no rBST or artificial hormones



aramark

Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.





June 2025 **IRVINGTON HIGH/MIDDLE SCHOOL** WEEKLY LUNCH MENU

June 23-27



All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are

Gluten Free items are available. Please ask servers to



aramark