



Monday	Tuesday	Wednesday	Thursday	Friday
<u>Adult Lunch \$5.50 (Includes tax)</u>				Yogurt Parfait Available on Tuesday and Thursday As an Ala Carte or Meal option
5	6	7	8	9
Beef Tacos Sour Cream and Salsa Or Cheese Quesadilla Sour Cream and Salsa Spinach Salad Black Beans Orange	Chicken Patty Sandwich* Or Beef Cheeseburger Butternut Squash Steamed Carrots Banana	Beef Meatball Spaghetti* Or Corn Dog Green Beans Spinach Salad Sliced Apples	Beef Hot Dog* Or French Toast* Chicken Sausage 100% Maple Syrup Baked Sweet Potato Steamed Broccoli Orange	Fresh Baked Pizza* Or Chicken Patty Sandwich* Mix Green Salad Red Peppers Banana
12	13	14	15	16
Chicken Nuggets* Or Grilled Cheese Sweet Baked Potato Pinto Beans Apple Slices	Turkey Nachos* Sour Cream and Salsa Or Pancakes* & Turkey Links 100% Maple Syrup Baked Fries Red Peppers Orange Wedges	Beef Meatball Spaghetti* or Mashed Potato Chicken Bowl * Steamed Broccoli Cauliflower Banana	French Toast* & Scrambled Eggs 100% Maple Syrup Or Bean Burrito with Cheese* Sour Cream Baked Crinkle Fries Sliced Cucumber Apple	Fresh Baked Pizza* Or Corn Dog Side Salad Steamed Zucchini Orange
19	20	21	22	23
School Closed <i>I Have a Dream</i>	Chicken Tenders Or Beef Cheeseburger Butternut Squash Spinach Salad Banana	Turkey Nachos* Served w/Sour Cream Or Cheese Quesadilla Tater Tots Fresh Cucumber Apple	Pancakes * & Scrambled Eggs 100% Maple Syrup Or Chicken Parm Slider Tater Tots Green Beans Orange	Fresh Baked Pizza* Or Hot Dog Side Salad Steamed Zucchini Banana
26	27	28	29	30
Chicken Patty Sandwich Or French Toast Sticks Turkey Links 100% Maple Syrup Celery Stick Carrots Apple	Turkey Tacos Sour Cream and Salsa Or Grilled Cheese Steamed Corn Peas Orange	Fish Bites* Dinner Roll Or Beef Meatball Spaghetti* Cauliflower Broccoli Banana	Chicken Nuggets* Or Beef Tacos Sour Cream and Salsa Sweet Baked Potato Kidney Beans Honeydew	Fresh Baked Pizza* Or Bean Burrito * Mix Green Salad Red Peppers Apple

Available Every Day

- Bagel with Cheese Stick
Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich,
Turkey or Ham Sandwich

All of these are offered as a Complete Meal, including vegetable, fruit and milk.

A Gluten Free Meal is available with
1 day notification

All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain.) Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily. All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat. Milk is antibiotic and hormone free. Local Produce used throughout the month when available.

[Click here](#) to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.

If you have any questions/concerns regarding this menu or there are special dietary needs,

please email gloria.estrada@irvingtonschool.org

This Institution is an equal opportunity employer and provider.

